

## **Suggested Transition Activities for “Other Post School and Adult Living Objectives”**

1. Collect information regarding the student’s desired residential life beyond high school and a residential postsecondary education setting
2. Post secondary housing options have been identified
3. Application made for post secondary housing
4. Application made to post secondary educational options
5. Application made for financial assistance to access post secondary training/learning options
6. Plan for accessing post secondary education that matches student’s career choice
7. Demonstrates self confidence (i.e. communicates need for appropriate accommodations, practices self-advocacy skills in a variety of settings, feels good about self)
8. Demonstrates self awareness (i.e. understanding of physical self; identifies abilities, interests, areas of weakness; understands personal emotions; understands the implications of disability; understands and identifies personal goals)
9. Register to vote and learn about the election process
10. Register for selective service and learn about public service obligations/opportunities
11. Obtain a driver’s license
12. Obtain assistance to complete a tax return
13. Explore insurance issues/needs
14. Explore guardianship issues and estate planning
15. Apply for disability card for reduced fees with public transportation
16. Obtain assistance on management of financial resources and legal issues
17. Learn about managing/maintaining/performing simple repairs on a home and obtaining modifications/accommodations
18. Open a bank account and manage finances/budget/bills

19. Apply for credit cards and manage personal debt
20. Apply for housing assistance (HUD)
21. Apply for consumer education on home buying and informed decision-making
22. Visit adult service providers in the community
23. Learn about expectations for eating in restaurants
24. Obtain information on managing personal health and fitness
25. Meet with a social worker to discuss interpersonal skill development
26. Plan for vacation/leisure activities
27. Learn about consumer skills, rights, and responsibilities
28. Join the local YMCA, YWCA, health club, or community recreation center
29. Obtain information about financial planning and investing
30. Contact the state Commission for the Blind and Visually Impaired to obtain training on independent living