

Suggested Transition Activities for "Instruction"

1. Collect information regarding the student's desired postsecondary educational involvement
2. Investigate graduation status and follow-up
3. Visit college campuses and meet with student support services
4. Enrollment in a tech-prep program
5. Enrollment in a cooperative education course
6. Learn about Section 504 of the Rehabilitation Act and Americans with Disabilities Act
7. Explore admission requirements for possible part-time enrollment at a Vocational/Technical School
8. Learn about the process for accessing apartments for rent
9. Obtain information on continuing and adult education opportunities
10. Enroll in Self-Advocacy/Self-Awareness Studies
11. Enroll in career and vocational education/vocational English
12. Take occupation specific courses
13. Enroll in an adult living course
14. Enroll in an internship/apprenticeship program
15. Participate in extra curricular activities such as _____
16. Enroll in Adult/Continuing Education courses such as _____
17. Enroll in Community College courses such as _____
18. Enroll in parenting classes
19. Learn financial management-money skills
20. Learn about time management

21. Practice negotiation skills for job raises, car purchases, etc.
22. Access tutoring services in school or through a private agency
23. Write an information interview letter to the disabilities resource coordinator at a postsecondary school of interest
24. Complete a learning styles inventory to identify preferences and strength modes
25. Take a GED pre-test
26. Apply for a Big Brother/Big Sister to help with homework and mentoring
27. Take a CPR/First Aid course
28. Enroll in a SAT prep course
29. College prep: courses, ACT/SAT, application
30. Learn about community agencies that provide services and support to people with disabilities
31. Tour post school occupational training programs
32. Obtain, complete, and submit applications to colleges of choice
33. Research college scholarship opportunities
34. Obtain, complete, and submit applications for tuition assistance programs
35. Take classes through the local 4-H organization
36. Enroll in and take classes through the local County Extension Program
37. Special Education supports in identified classed
38. Apply for and take modified ACT testing
39. Take Transportation Mobility courses
40. Learn and practice self-advocacy
41. Learn about employability skills and schedule a work experience
42. Develop work readiness skills and vocational English

43. Learn about and practice social skills
44. Learn about and practice communication skills
45. Learn about the decision making process and practice the skills
46. Develop Crisis Management skills
47. Take driver's education